

THE GRIT NINJA ROSLYN - WEEKLY SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 am						OPEN GYM (Ages 5+)	OPEN GYM (Ages 5+)
2:15pm			PRESCHOOL NINJA (4-5 YOs)				
3:00pm	RECREATIONAL NINJA (Kindergarten-2nd grade)	PRESCHOOL NINJA (4-5 YOs) RECREATIONAL NINJA (Kindergarten-2nd grade)	PRESCHOOL NINJA (4-5YOs) RECREATIONAL NINJA (Kindergarten-2nd grade)	RECREATIONAL NINJA (Kindergarten-2nd grade)	RECREATIONAL NINJA (Kindergarten-2nd grade)		
4:00pm	INSTRUCTIONAL NINJA (Beginner/ Advanced Beginner)	INSTRUCTIONAL NINJA (Beginner/ Advanced Beginner)	INSTRUCTIONAL NINJA (Beginner/ Advanced Beginner)	INSTRUCTIONAL NINJA (Beginner/ Advanced Beginner)	<u>INSTRUCTIONAL NINJA</u> (Beginner/ Advanced Beginner).		
5:15pm	INSTRUCTIONAL NINJA (Advanced Beginner/ Intermediate)	INSTRUCTIONAL NINJA (Advanced Beginner/ Intermediate)	INSTRUCTIONAL NINJA (Advanced Beginner/ Intermediate)	INSTRUCTIONAL NINJA (Advanced Beginner/ Intermediate)	INSTRUCTIONAL NINJA (Advanced Beginner/ Intermediate)		
6:30pm	TEAM TRAINING						