

THE GRIT NINJA NORWALK - WEEKLY SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 am	<u>HOMESCHOOL CLASS</u> 10:30-11:30am					<u>PRESCHOOL NINJA</u> <u>RECREATIONAL NINJA</u> • <u>K-5th grade</u>	<u>OPEN GYM</u>
3:00 pm				MINI NINJA/ PRE K	<u>INCLUSIVE NINJA</u> 3:45-4:30pm		
4:00 pm	<u>PRESCHOOL NINJA</u> <u>RECREATIONAL NINJA</u> • K-2nd grade <u>INSTRUCTIONAL NINJA</u> • Beginner	<u>RECREATIONAL NINJA</u> • Pre-K-2nd grade <u>INSTRUCTIONAL NINJA</u> • Beginner	<u>RECREATIONAL NINJA</u> • K-2nd grade <u>INSTRUCTIONAL NINJA</u> • Beginner <u>TEAM TRACK</u>	<u>PRESCHOOL NINJA</u> <u>RECREATIONAL NINJA</u> • K-2nd grade <u>INSTRUCTIONAL NINJA</u> • Beginner		<u>OPEN GYM</u> 4:30-6pm	
5:00 pm	<u>RECREATIONAL NINJA</u> • K-2nd grade • 3rd-5th grade <u>INSTRUCTIONAL NINJA</u> • Intermediate	<u>RECREATIONAL NINJA</u> • K-2nd grade • 3rd-5th grade <u>INSTRUCTIONAL NINJA</u> • Intermediate	<u>DEVELOPMENTAL TEAM</u>	<u>RECREATIONAL NINJA</u> • K-2nd grade • 3rd-5th grade <u>INSTRUCTIONAL NINJA</u> • Intermediate	<u>OPEN GYM</u> 4:30-6pm	<u>General Pricing:</u> • <u>Classes</u> : pricing varies based on type/length of class • <u>Open Gym</u> : \$30/session • <u>Open Gym Membership</u> : \$58/month • <u>Friday Night Fun</u> : pricing varies from \$50/session	
6:30 pm	<u>INSTRUCTIONAL NINJA</u> • Intermediate <u>TEAM TECH</u>	<u>PRE/TEEN NINJA</u> <u>TEAM CONDITIONING</u>	<u>ADVANCED TEAM TRAINING</u>	<u>DEVELOPMENTAL TEAM</u>	<u>FRIDAY NIGHT FUN</u>		